

PITTSGROVE TOWNSHIP SCHOOL DISTRICT



Course Name:PE and Health	Grade Level(s):K-1
Department:PE	Credits:
BOE Adoption Date:	Revision Date(s):

Course Description

Mission Statement

The Pittsgrove Township School District believes in growing all learners to thrive. The district offers an intellectually rigorous, dynamic curriculum aligned to state and national standards coupled with research-based practices in classrooms. The Pittsgrove Township School District strives to highlight critical thinking, intercultural literacy, digital literacy, collaboration, innovation, and a growth mindset as part of the instructional core of learning. The district provides high quality resources to provide young people the knowledge they need to approach the future as leaders and learners.

Curriculum & Instruction Goals

To ensure the District continues to work toward its mission of growing all learners both academically and personally, the following curriculum and instruction goals direct the conversation:

Goal(s):

1. To ensure students are college and career ready upon graduation
2. To vertically and horizontally align curriculum Pre-K-12 to ensure successful transition of students at each grade level
3. To identify individual student strengths and weaknesses utilizing various assessment measures (formative, summative, alternative, etc.) so as to differentiate instruction while meeting the rigor of the applicable content standards
4. To improve student achievement as assessed through multiple measures including, but not limited to, state testing, local assessments, and ongoing progress monitoring

How to Read this Document

This curricular document contains both *pacing guides* and *curriculum units*. The pacing guides serve to communicate an estimated timeframe as to *when* critical knowledge and skills will be taught throughout the year. The pacing, however, may differ slightly depending upon the unique needs of each learner. The *curriculum units* contain more detailed information as to the content, goals, and objectives of the course well as how students will be assessed.

Pacing Guide

Course Title:

Prerequisite(s):

Unit Title	Duration/ Month(s)	Related Standards	Learning Goals	Critical Knowledge and Skills
Unit 1:	3 days		Body awareness, spatial awareness, directionality	Students will learn where and how their body parts work in gym activities. Students will learn difference between
Unit:2 Gross Motor	4 days		Gross motor skills	Hopping, jumping, skipping, walking, jogging, running
Unit 3:	8		Gross motor skills, spatial awareness, sportsmanship, Physical fitness, pacing, fitness goals	Frisbee throwing & catching, batting, catching, fielding, base running, kicking, Offence & defence, fitness
Unit 4:			Fine Motor Lifetime activities Toss, bounce catch	Eye/hand coordination (Jacks)
Unit 5:	4		Jump roping skills,: partner jumping with long rope, skip its, jumping stick & chinese jump ropes, JRFH	Partner turning a long rope, timing for jumping, self turn a short rope, Jumping a skip it correctly, jumping with a jumping stick & timing it properly, partner work with chinese jump rope
Unit 6:	4		Stricking, catching, fielding, tossingrotating	Hit ball off tee, field hit ball, catch hit ball, toss ball, rotate positions